



PROVIDER ALERT

Skills Training and Development

February 1, 2020

Alert Summary: This alert provides detail on the enhancement of the Skills Training and Development (STAD) service.

Dear Provider,

Thank you for your ongoing partnership as we continue with the implementation of new and enhanced services for our members.

The Skills Training and Development (STAD) service was initially referred to as adult partial care/skills training and development and was limited to adults. Optum has enhanced this service to include youth and will offer training on service delivery.

STAD is defined as treatment for adult and youth members whose functioning is sufficiently disrupted to the extent that it interferes with their daily life as identified by a comprehensive diagnostic assessment and functional assessment tool.

This service does not require prior authorization. Key components of STAD include:

- providing a structured group environment
- offering group activities focused on enhancing and/or developing social, communication, behavior and basic living skills
- addressing mental health and/or co-occurring disorders

Provider Qualifications and Training Requirements

Required training differs depending on the provider’s professional role:

| If you have the following qualifications... | You are required to complete... |
|---|--|
| BA degree in a health and human services (HHS) field | The Optum Idaho General Foundation Training series + the STAD training modules |
| BA degree in a HHS field + 2 years of experience in a HHS field | The STAD training modules |
| BA degree in a HHS field + license or certification in your field (i.e., certified as CPRP or CFRP by the Psychiatric Rehabilitation Association (PRA)) | The STAD training modules |
| Licensed Professionals | No additional training is required |

To enroll in the appropriate training modules, please follow the instructions available at optumidaho.com > **For Network Providers > Provider Trainings > New Trainings.**

Fee Schedule Update

The reimbursement rate for 1 unit=15 minutes of Skills Training and Development, (Partial Care) is being increased \$2.28 or over 100% per the following table effective 3/1/2020.

| Code | Description | Unit | Rate prior to 3/1/20 | Rate beginning 3/1/20 |
|-------------|---------------------------------|-------------|-----------------------------|------------------------------|
| H2014 | Skills Training and Development | 15 min | \$2.24 | \$4.52 |

Providers may visit Optum Idaho’s Resource Library at optumidaho.com > **For Network Providers > Resource Library** for more information on STAD topics. Resources can be found in categories such as Health and Wellness, Activities of Daily Living Skills, Community Integration Skills, and Emotional, Cognitive and Behavioral Skills.

Thank you,
The Optum Idaho Team